

Contents

Foreword	<u>xvii</u>
Preface	<u>xxi</u>
Acknowledgments	<u>xxiii</u>
About the Editors	<u>xxv</u>

CHAPTER 1

Julie-Ellen Acosta	<u>1</u>
About the Author	<u>1</u>
Questions and Answers	<u>2</u>
Personal Career Insight	<u>2</u>
Work/Life Balance	<u>3</u>
Mentorship/Sponsorship	<u>5</u>
Avoiding a Stall	<u>6</u>
Powering On	<u>7</u>

CHAPTER 2

Alina Alexeenko	<u>9</u>
About the Author	<u>9</u>
Questions and Answers	<u>10</u>
Personal Career Insight	<u>10</u>
Work/Life Balance	<u>10</u>
Mentorship/Sponsorship	<u>10</u>
Avoiding a Stall	<u>10</u>
Powering On	<u>11</u>

CHAPTER 3

Kim Ashmun [13](#)

About the Author [13](#)

Questions and Answers [15](#)

Personal Career Insight [15](#)

Work/Life Balance [15](#)

Mentorship/Sponsorship [16](#)

Avoiding a Stall [17](#)

Powering On [17](#)

CHAPTER 4

Carina Greaves Birgersdotter [19](#)

About the Author [19](#)

Questions and Answers [21](#)

Personal Career Insight [21](#)

Work/Life Balance [21](#)

Mentorship/Sponsorship [22](#)

Avoiding a Stall [22](#)

Powering On [23](#)

CHAPTER 5

Lisa B. Callahan [25](#)

About the Author [25](#)

Questions and Answers [26](#)

Personal Career Insights [26](#)

Work/Life Balance [27](#)

Mentorship/Sponsorship [28](#)

Avoiding a Stall [29](#)

Powering On [30](#)

CHAPTER 6

Mary Anne Cannon [33](#)

About the Author [33](#)

Questions and Answers [35](#)

Personal Career Insight [35](#)

Work/Life Balance	<u>36</u>
Mentorship/Sponsorship	<u>36</u>
Avoiding a Stall	<u>37</u>
Powering On	<u>37</u>

CHAPTER 7**Charmaine Chin** 39**About the Author** 39**Questions and Answers** 40

Personal Career Insight	<u>40</u>
Work/Life Balance	<u>40</u>
Mentorship/Sponsorship	<u>41</u>
Avoiding a Stall	<u>41</u>
Powering On	<u>42</u>

CHAPTER 8**Nagin Cox** 43**About the Author** 43**Questions and Answers** 44

Personal Career Insight	<u>44</u>
Work/Life Balance	<u>44</u>
Mentorship/Sponsorship	<u>45</u>
Avoiding a Stall	<u>45</u>
Powering On	<u>46</u>

CHAPTER 9**Kirsten Dreggors** 47**About the Author** 47**Questions and Answers** 48

Personal Career Insight	<u>48</u>
Work/Life Balance	<u>48</u>
Mentorship/Sponsorship	<u>49</u>
Avoiding a Stall	<u>49</u>
Powering On	<u>50</u>

CHAPTER 10**Kathryn Elliott** 51**About the Author** 51**Questions and Answers** 52Personal Career Insight 52Work/Life Balance 52Mentorship/Sponsorship 54Avoiding a Stall 55Powering On 56**CHAPTER 11****Carol Erikson** 57**About the Author** 57**Questions and Answers** 58Personal Career Insight 58Work/Life Balance 59Mentorship/Sponsorship 61Avoiding a Stall 62Powering On 63**CHAPTER 12****Kim Ernzen** 65**About the Author** 65**Questions and Answers** 66Personal Career Insight 66Work/Life Balance 66Mentorship/Sponsorship 68Avoiding a Stall 68Powering On 69**CHAPTER 13****Annabel Flores** 71**About the Author** 71**Questions and Answers** 72Personal Career Insight 72

Work/Life Balance	<u>73</u>
Mentorship/Sponsorship	<u>73</u>
Avoiding a Stall	<u>74</u>
Powering On	<u>74</u>

CHAPTER 14**Linda Flores** 77**About the Author** 77**Questions and Answers** 78

Personal Career Insight	<u>78</u>
Work/Life Balance	<u>78</u>
Mentorship/Sponsorship	<u>79</u>
Avoiding a Stall	<u>80</u>
Powering On	<u>80</u>

CHAPTER 15**Mary Lee Gambone** 81**About the Author** 81**Questions and Answers** 82

Personal Career Insight	<u>82</u>
Work/Life Balance	<u>83</u>
Mentorship/Sponsorship	<u>84</u>
Avoiding a Stall	<u>85</u>
Powering On	<u>85</u>

CHAPTER 16**Neri Ganzarski** 87**About the Author** 87**Questions and Answers** 88

Personal Career Insight	<u>88</u>
Work/Life Balance	<u>89</u>
Mentorship/Sponsorship	<u>90</u>
Avoiding a Stall	<u>91</u>
Powering On	<u>92</u>

CHAPTER 17

Joan Higginbotham 93

About the Author 93

Questions and Answers 94

Personal Career Insight 94

Work/Life Balance 94

Mentorship/Sponsorship 96

Avoiding a Stall 96

Powering On 97

CHAPTER 18

Raelyn Holmes 99

About the Author 99

Questions and Answers 100

Personal Career Insight 100

Work/Life Balance 101

Mentorship/Sponsorship 104

Avoiding a Stall 104

Powering On 106

CHAPTER 19

Lynne Hopper 109

About the Author 109

Questions and Answers 110

Personal Career Insight 110

Work/Life Balance 110

Mentorship/Sponsorship 112

Avoiding a Stall 112

Powering On 113

CHAPTER 20

Kathleen C. Howell 115

About the Author 115

Questions and Answers 116

Personal Career Insight 116

Work/Life Balance	116
Mentorship/Sponsorship	117
Avoiding a Stall	117
Powering On	118

CHAPTER 21

Miyuki Humer [119](#)

About the Author [119](#)

Questions and Answers [120](#)

Personal Career Insight	120
Work/Life Balance	120
Mentorship/Sponsorship	120
Avoiding a Stall	121
Powering On	121

CHAPTER 22

Jamie Korman [123](#)

About the Author [123](#)

Questions and Answers [124](#)

Personal Career Insight	124
Work/Life Balance	124
Mentorship/Sponsorship	126
Avoiding a Stall	126
Powering On	127

CHAPTER 23

Lorraine Martin [129](#)

About the Author [129](#)

Questions and Answers [130](#)

Personal Career Insight	130
Work/Life Balance	133
Mentorship/Sponsorship	134
Avoiding a Stall	134
Powering On	135

CHAPTER 24

Lourdes Maurice [137](#)

About the Author [137](#)

Questions and Answers [139](#)

- Personal Career Insight [139](#)
- Work/Life Balance [140](#)
- Mentorship/Sponsorship [140](#)
- Avoiding a Stall [141](#)
- Powering On [142](#)

CHAPTER 25

Beth Moses [145](#)

About the Author [145](#)

Questions and Answers [147](#)

- Personal Career Insight [147](#)
- Work/Life Balance [148](#)
- Mentorship/Sponsorship [148](#)
- Avoiding a Stall [149](#)
- Powering On [150](#)

CHAPTER 26

Doline Peterson [153](#)

About the Author [153](#)

Questions and Answers [154](#)

- Personal Career Insight [154](#)
- Work/Life Balance [156](#)
- Mentorship/Sponsorship [157](#)
- Avoiding a Stall [157](#)
- Powering On [158](#)

CHAPTER 27

Deb Rayburn [159](#)

About the Author [159](#)

Questions and Answers [160](#)

- Personal Career Insight [160](#)

Work/Life Balance	<u>160</u>
Mentorship/Sponsorship	<u>162</u>
Avoiding a Stall	<u>163</u>
Powering On	<u>164</u>

CHAPTER 28**Tammy Reeve** 165**About the Author** 165**Questions and Answers** 166

Personal Career Insight	<u>166</u>
Work/Life Balance	<u>166</u>
Mentorship/Sponsorship	<u>168</u>
Avoiding a Stall	<u>168</u>
Powering On	<u>168</u>

CHAPTER 29**Tamaira Ross** 169**About the Author** 169**Questions and Answers** 170

Personal Career Insight	<u>170</u>
Work/Life Balance	<u>171</u>
Mentorship/Sponsorship	<u>172</u>
Avoiding a Stall	<u>173</u>
Powering On	<u>174</u>

CHAPTER 30**Ginger Shao** 175**About the Author** 175**Questions and Answers** 176

Personal Career Insight	<u>176</u>
Work/Life Balance	<u>177</u>
Mentorship/Sponsorship	<u>178</u>
Avoiding a Stall	<u>179</u>
Powering On	<u>180</u>

CHAPTER 31

Bridget Sheriff 181

About the Author 181

Questions and Answers 182

Personal Career Insight 182

Work/Life Balance 182

Mentorship/Sponsorship 183

Avoiding a Stall 183

Powering On 183

CHAPTER 32

Amanda Simpson 185

About the Author 185

Questions and Answers 187

Personal Career Insight 187

Work/Life Balance 188

Mentorship/Sponsorship 188

Avoiding a Stall 189

Powering On 190

CHAPTER 33

Karen Taminger 193

About the Author 193

Questions and Answers 194

Personal Career Insight 194

Work/Life Balance 195

Mentorship/Sponsorship 196

Avoiding a Stall 196

Powering On 197

Epilogue 199

Index 201